

Daily Learning Planner

*Ideas families can use to help students
do well in school*

This Newsletter is Being Provided by
Education Service Center Region 15



THE
PARENT
INSTITUTE®

November 2022

Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Discuss who you and your child would want to meet if you could meet anyone, and why.
- 2. Don't use technology time as a reward or punishment. It will make it seem more important to your child.
- 3. Help your child set a learning goal and plan specific ways to reach it.
- 4. Ask, "What do you wish we did differently at home?" Be open to your child's suggestions.
- 5. Teach your child to take on a new responsibility, such as doing laundry.
- 6. Ask a question about a topic that your child loves to talk about.
- 7. What is your child's favorite thing to do? Make plans to do it together.
- 8. Avoid using problems with schoolwork as an excuse to criticize or argue about other issues.
- 9. Middle schoolers understand some sophisticated jokes. Try using puns and wordplay with your child.
- 10. When your child tells you something important, restate it to confirm that you understood.
- 11. Help your child take advantage of small chunks of time to study or review.
- 12. Take your child to a local museum or historic site. Learn something new about your hometown.
- 13. Ask what your child is looking forward to in the coming school week.
- 14. Let your child quiz you about the information in a homework assignment. Thinking up questions helps students learn.
- 15. It's Geography Awareness Week. Can your child fill in the states' names on a blank United States map? Find one at: geoalliance.asu.edu/maps.
- 16. Ask your child, "If you could change one thing about the world, what would it be?"
- 17. Some middle schoolers are embarrassed by affection in public. But they still like hugs at home!
- 18. Focus on setting a good example. Your child learns more from your actions than your words.
- 19. Help your child bake cookies today. Review math skills by doubling the recipe.
- 20. Middle schoolers need time alone with their thoughts and feelings. Suggest activities your child can do alone.
- 21. Encourage your child to ask at least one question in class each day.
- 22. Talk with your child about the difference between goals and dreams. A goal is a dream with a deadline.
- 23. When your child misbehaves, use a consequence that teaches rather than punishes.
- 24. Ask your child to think of as many *adjectives* as possible to describe something, such as the weather.
- 25. Choose a book that you and your child can both read and discuss.
- 26. Turn on lively music during chore time. Sing and move with your child while you work.
- 27. Enjoy some physical activity outdoors as a family.
- 28. Power struggles don't work with middle schoolers. Too much parental control causes rebellion.
- 29. When your child talks, show you are listening by making eye contact.
- 30. Encourage your child to care for belongings. Children who lose items through carelessness should be responsible for replacing them.